



*"Bioethics: A Nursing Perspective"* is an account of bioethics by Megan Jane Johnstone that comprehensively explores the ethical issues that commonly occur in nursing practice. The book has been written in the context of bioethics and healthcare. The book is widely accepted as popular and essential among nursing students, nursing professionals and other healthcare professionals who are associated with decision-making. This book explores and analyses the intersectionality between legal, ethical and moral aspects and the roles played by nurses in supporting patient autonomy, dignity and empowerment. A broad range of ethical dilemmas experienced by nurses has been covered in this book. Furthermore, this involved patient confidentiality, end-of-life care and ethical decision-making frameworks as well as justice. Johnstone has presented both theoretical and practical perspectives on these bioethical issues. The narratives in this book are structured in such a way that it allows readers to systematically explore the theories, principles as well as frameworks of bioethics. In addition to that, the author has grounded the theories and principles with examples of practical experiences of nurses that occur daily during their practice. This book has five sections. The first section is the foundations of bioethics. This section introduces the readers to the bioethics principles such as beneficence, non-maleficence, autonomy and justice. This chapter builds the base for the nurses to understand the complex theories of bioethics and ethical decision-making.

The second section of this book discusses the details of the crucial theories of nursing ethics and philosophy. These include virtue, utilitarianism and deontology. The author applies these ethical theories to healthcare decision-making. This section is followed by contemporary ethical issues. This section explores the emerging ethical issues including collecting informed consent, euthanasia, healthcare inequalities and disparities and genetic testing among others. Furthermore, specific challenges experienced by nurses such as moral distress and situations that require knowledge and expertise in complex ethical decision-making among patients with diverse cultural needs and backgrounds. The fourth section discusses the association between legal aspects and nursing ethics. These involve the processes used by nurses to maintain ethical standards, navigate legislation and ensure the rights of the patients.

The fifth section is the final section that covers social justice and nurses' roles in patient advocacy. In this section, the author discussed how nurses play crucial roles in patient advocacy to ensure social justice, equality and equality in healthcare. Furthermore, the ethical aspects of challenging

healthcare inequity in healthcare systems. This book has certain strengths and weaknesses. The most prominent strength of this book is the writing style of the author. Johnstone used a straightforward style of writing, which simplified the complex theories and principles of bioethics for the ease of use of nurses and nursing students alike. Strikingly, the author has achieved to maintain a balance between practical application and academic rigour. This ensured the high usefulness of the book in clinical and educational settings.

Secondly, the author incorporated real-world case studies and scenarios that have illustrated complex ethical dilemmas experienced by the nurses. As a result, the reader can relate to the theories presented in the book and apply them in their daily practice. On the other hand, the author took a multidisciplinary approach in the book by incorporating principles, theories and frameworks from healthcare policies and regulations, philosophy, sociology and law which has provided an intricate yet broad perspective on bioethics. This highlights the significance of having an interdisciplinary approach to reading, understanding and addressing ethical issues in healthcare. Lastly, as the author covered a broad range of issues regarding bioethics and nursing including fundamental theories to complex and contemporary issues, the book presents a high value for nursing students as well as professionals.

On the other hand, the book sometimes uses too much academic style with dense discussions on the theories and principles of bioethics. This can be a barrier to certain readers. Simultaneously, the book somewhat lacks in regards to interactive content. However, the rich theoretical topics covered in the book make up for this issue. On the other hand, focusing too much on the theoretical aspects may make it more difficult for nursing students who have low levels of knowledge and experience in terms of bioethics in nursing practice. Finally, the book presents an excellent view of bioethics in nursing practice from a Western perspective and does not provide much detail on non-Western perspectives of bioethics, which it could benefit from. To conclude, this book presents an extremely valuable account of the complex theories, frameworks and principles of bioethics from a nursing perspective. This book clearly explains the intricate and complex details of bioethics and guides nursing students and professionals to ways they can apply these principles in real-world practice. It can be relevant for nursing students, professionals and anybody who wants to pursue a career in bioethics or the healthcare industry.

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